



Eastside Fire & Rescue

www.eastsidefire-rescue.org

According to the American Heart Association, studies have repeatedly shown the importance of immediate bystander CPR plus defibrillation within 3-5 minutes of collapse to improve survival from sudden cardiac arrest. Simply put, CPR can “buy time” until normal heart function is restored.

Eastside Fire & Rescue holds regularly scheduled classes in CPR and first aid at Fire Station 83, located in the City of Sammamish.



Many people attend training to meet a certification requirement for their workplace or school, but we encourage parents of young children, teen babysitters and other adults to enroll in this life-saving skill as well. Eastside Fire & Rescue not only teaches you “how to” during an emergency, but also how you can help prevent them. Classes are taught by certified Firefighter/ EMTs.

Your CPR and first aid skills could make all the difference in saving a life.

We teach a combination adult, child and infant CPR class. All first aid classes include CPR. Drop by any staffed station to prepay for your spot in a class. We can also teach private classes by request. Just contact our Public Education Division at: (425) 313-3200

Class Location: 3425 Issaquah/Pine Lake Rd.—Sammamish Station 83

Cost: CPR—\$22.00 per person
First Aid—\$65.00 per person

8:30 a.m.—2:00 p.m.
8:30 a.m.—5:00 p.m.

April	10
May	8
June	5

Summer is our slowest time of year for classes so we take a break until the Fall.

September	11
October	9
November	6

You must sign-up at one of our staffed stations and prepay for your spot in the class. Minimum age is 12 years old and able to sit through a 6-8hour class with other adult students.
